

CONTEST RULES

The Contest:

Present your prepared entry, along with the written recipe, to the fair where you are competing.

The Recipe:

We are searching for delicious recipes, suitable for serving during the winter holidays, that contain a *minimum* of four whole eggs. You can enter an appetizer, a main dish (especially brunch dishes), a dessert, a beverage, or even something appropriate for gift-giving.

Who can enter?

Entrants must be Virginia residents, but not necessarily a resident in the community where the local contest is being held. Some fairs have residency requirements, so you'll need to contact them first.

- ✓ Those under 18 may compete but will be judged as adults.
- ✓ You may enter multiple contests around the state, *however*, should **you place first, second or third, you may no longer compete in another local fair's contest**, and may represent the local fair at which you won, in the state finals at the State Fair of Virginia on Oct. 4, 2025.

Written recipe must include:

- All ingredients along with the amount of each, listed in order of use, using correct abbreviations.
- Type and size of pan or baking dish.
- Baking or cooking temperature and length of time to be cooked.
- All directions should be clear, precise, and easy to understand and follow (typewritten if possible).
- Number of servings or yield.
- *The recipe must include a minimum of four whole eggs.*
- Suggest where to find foreign or unusual ingredients or what to substitute for them.
- The contestant's name, address, phone, and email must be on the back along with FAIR's name.

Proper food handling:

- Keep your dishes safe and delicious by following proper food handling. Find out more here: [Food Facts: Egg Safety](#).
- If entry needs to be kept COLD or HOT, it must be delivered in a cooler or insulated food carrier that'll keep your entry at the proper temperature for judges to sample safely.
- Once entry is prepared, be aware of cross contamination from other foods or soiled utensils.

Presentation of the finished product for judging:

Some fairs will want recipe entries presented on/in disposable containers. Others won't care. Since presentation is important, a trip to the dollar store might be worth it since you may need to leave containers or platters.

Judging will be based on:

Flavor
Texture
Creativity
Overall Appearance
Followed contest requirements
Recipe directions easy to understand and follow

Questions: Contact your local fair or the Virginia Egg Council at eggsrgr8@rev.net

